



Eco-Home

Eco-Home March Bulletin

The Eco-Home team have been busy delivering workshops and events for both our student and community projects.

Hello from Eco-Home,

Welcome to our March **Eco-Home** Bulletin! A big thank you to everyone who has registered with the Eco-Home programme, we have had over 300 new registrations!

By registering your household you are actively helping to preserve our environment and save money. Hopefully you are noticing savings and waste reduction in your household. We will be updating the website on a regular basis so please drop by. You can also find us on Facebook at [Eco-Home Northern Ireland](https://www.facebook.com/Eco-Home-Northern-Ireland) and on Twitter [@EcoHomeNI](https://twitter.com/EcoHomeNI).

If you have any queries please feel free to contact us on eco-home@keepnorthernirelandbeautiful.org or call us on 028 9073 6920.



In this bulletin:

- View some super savings;
- Read about the Eco-Home Community project activities;
- Read about the Eco-Home Student project.

We are on



Eco-Home Money Saving Tips

Energy

- Switching electricity supplier and changing payment/billing methods – save up to £108 a year;
- Shopping around for oil – £200 a year (five refills of 500 litres);
- Turn off appliances/lights/switches/standby – £70 a year;
- Turning down thermostat by one degree – £65 a year;
- Installing LEL spotlights and “compact fluorescent lamps” (CFLs) – £60 a year.

(figures courtesy of The Consumer Council
www.theconsumercouncil.org)

Water

- Replace your shower head with a more efficient one – £75 a year;
- Only boil the amount of water in the kettle that you need – £8 a year;
- Use a washing up bowl – this can save up to 50% of the water you would otherwise use – £35 a year.

Food

- The average UK household is throwing away the equivalent to 6 meals every week. That's £60 a month, or £720 a year! So make a list of the food that you need before you go shopping and stick to it; freeze food before the 'use by' date then defrost and use within 24 hours.



Eco-Home Community Project Updates

Pupils at St Malachy's Primary School, Belfast, wasted no time showing the **Eco-Home** team how it's done in a Waste and Recycling workshop. The school has been working closely with **Eco-Home** to help spread the eco-message to families.

Other community groups which have got involved in the campaign include the Markets Parent and Toddler group and St Malachy's Youth Centre.

On Wednesday 26th March the Youth Centre played host to an **Eco-Home** Bingo night. Over 50 children and parents dusted off their dabbers and practised their patter to win a selection of waste busting prizes.



Newly registered households have been entered into the Prize Draw for a family day out and the winner will be notified soon. Don't forget that all households can benefit from the **Eco-Home** programme so keep up all the good work and see the benefits to your wallet and the environment!



Eco-Home Student Project Updates

The **Eco-Home** team have been busy delivering workshops and taking part in clean-ups across Belfast college campuses. Students involved in clean-ups collected 31 bags of litter, which included bags of recyclable materials such as plastic bottles, cans and glass.

We found some strange items such as lone shoes, a squeazy cube-shaped zebra, the front of a bird house and a disgustingly large hairball!

The team have been helping students to think about the problems of landfill sites and the benefits of recycling more of our waste. Students have been involved in pondering recipes for tasty meals made of leftovers and have even had the chance to get their hands dirty making lovely bird feeders!

Winners of the prize draw will be notified and will soon be the envy of their friends with a 500GB hard-drive and vouchers for Boojum, Starbucks and Subway!

